

SUMMER 2016 PROGRAM GUIDE

June-August



Asheville Parks & Recreation

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Street Address:

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Mailing Address:

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828-259-5800
www.ashevillenc.gov/parks
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www.facebook.com/APRCA

Contact Information

Program Managers

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Recreation:

Dee Black 828-259-5809 dblack@ashevillenc.gov

Allison Dains 828-251-4081 adains@ashevillenc.gov

Burton Street Center

134 Burton Street Shateisha Bowden 828-254-1942 slenoir@ashevillenc.gov

Dr. Wesley Grant Sr. Southside

285 Livingston Street Seth Jackson 828-259-5483 sjackson@ashevillenc.gov

Harvest House

205 Kenilworth Road Lee Dansby 828-350-2051 pdansby@ashevillenc.gov

Linwood Crump Shiloh Center

121 Shiloh Road Tameka Crudup 828-274-7739 tcrudup@ashevillenc.gov

Montford Recreation Center

34 Pearson Drive Kim Kennedy 828-253-3714 kkennedy@ashevillenc.gov

Senior Opportunity Center

36 Grove Street Kim Isley 828-350-2062 kisley@ashevillenc.gov

Stephens-Lee Center

30 George Washington Carver Ryan Seymour 828-350-2058 rseymour@ashevillenc.gov

Therapeutic Recreation

Lori Long 828-259-5483 llong@ashevillenc.gov

Youth Athletics

Kim Turner 828-232-4526 kturner@ashevillenc.gov

Adult Athletics

Bryan Fish 828-251-4026 bfish@ashevillenc.gov

Outdoor Recreation

Christine Murawski 828-251-4080 outdoorprograms@ashevillenc.gov

Aston Park Tennis Center

Laura Loftis 828-251-4074 lloftis@ashevillenc.gov

Food Lion Skate Park

828-225-7184

WNC Nature Center

Chris Gentile 828-259-8080 cgentile@ashevillenc.gov

Contents

Welcome!

Asheville Parks & Recreation invites the whole family to come join the many fun, educational and athletic programs we offer. Our programs are a safe place for learning, adventure, and fun. Your family will discover old and new friends, experience the excitement of trying something new, and have an awesome time! Programming is purposeful and age-appropriate so every family member can reach their potential.

General Information

Financial Assistance

Reduced fees for some programs are available for families currently enrolled in free/reduced meal programs at their child's school. A verification letter should be obtained through your school system nutrition offices.

Payment Policy

Payment must be received to secure placement and is due at the time of registration. See your Facility Manager for further details.

Wait List

There is no charge to be placed on a wait list and participants will be notified in the order received. We cannot secure placement until registration & payment are received.

Cancellations/Refunds

We reserve the right to cancel programs due to low enrollment or conditions beyond our control. If we cancel a program in which your child is enrolled, you will be given a full refund or credit. If you cancel a registration, cancellations must be in writing and submitted two weeks before the start of the program. With this notice, any balance will be refunded or credited.

How to Register

ONLINE: www.ashevillenc.gov/parks

Register online 24 hours a day at www.ashevillenc.gov/parks with WebTrac! Have a Visa or MasterCard ready as full payment is required for online registration. For assistance, call Asheville Parks & Recreation at 828-259-5800.

WALK-IN REGISTRATION:

Walk-in Registration is available at each facility. Cash, checks, Visa and MasterCard accepted. Please make checks payable to Asheville Parks and Recreation.

BY PHONE:

By calling the Recreation Center directly. Visa and MasterCard payments only.



Linwood Crump Shiloh Center

High School/Middle School Basketball

Tuesdays, 5:30-8pm
Teenagers ages 12-16 can shoot for captains and pick their own teams!
The first team to hit 12 points wins!
FRFF

Montford Recreation Center

Climb On!

June 2-23

Thursdays, 6-7:30pm Youth ages 4-12 will enjoy learning to climb in a safe and fun environment. Build confidence through bouldering, top rope climbing, climbing challenges and games.

Capacity: 15 youth

Pre-registration is required.

Fee: \$25 per child

Cheerleading

May 31-September 13 (No class July 5)

Tuesdays

Ages 4-6: 5:45-6:30pm Ages 7-9: 6:30-7:15pm Ages 10-14: 7:15-8pm

Come be a part of this exciting, one of a kind Cheerleading experience! N2IT combines Cheer and Pom dance into one curriculum. Students will learn cheers, chants and dance routines. For more information, visit www.N2ITYouthUSA.com or call 877-528-6248

Fee: \$8 registration fee and \$7 per week

Indoor Climbing Wall

The Montford Center Climbing Wall is available for group rentals on Tuesday evenings and Fridays daily. Wall must be booked a minimum of 2 weeks in advance.

Fee:\$30 per hour, Belay Service \$9 per hour per belayer

Therapeutic Recreation

Adapted Swim Club

July 9-30 Saturdays, 10-11am

For ages 6-21 with or without mild to moderate cognitive or developmental delays who meet eligibility requirements. Therapeutic recreation staff and aquatic staff have partnered to provide this program designed for participants who are new to the pool and need to learn basic water safety and water adjustment skills. Participants will enjoy swim lessons and water games within small group settings led by certified therapeutic recreation specialists and lifequards. Program will be held at Recreation Park Pool, 65 Gashes Creek Road. For more information on this program and to register, contact Lori Long at 828-259-5483 or <u>llong@ashevillenc.gov</u> or visit our website at www.ashevillenc.gov/

Fee: \$35. City of Asheville residents receive a \$10 discount!



Stephens-Lee Recreation Center

Birthday Party Program

Let us host your child's next birthday party, with a variety of packages available. We'll provide the space and clean up the mess. All parties have a 2-hour time limit and must be booked at least 2 weeks in advance. Contact staff for available dates and pricing.

Toddler Camps

Messy Mondays

Session 1: June 13, 20, 27

July 11

Session 2: July 18 & 25

August 1 & 8

Mondays, 11am-Noon Dress for mess and artistic success! Toddlers are free to smear, squeeze, splatter and otherwise explore artistic possibilities that might be too big to try at home. Get ready to have a messy good time! Space is limited to 15. Camp will be at the Recreation Park Shelter. Ages 5 and under.

Fee: \$20/session. City of Asheville residents receive a \$5 discount.

Wilderness Wednesdays

Session 1: June 15, 22, 29

July 6

Session 2: July 20 & 27

August 3 & 10

Wednesdays, 11am-Noon Explore and learn! Come discover the great outdoors. Toddlers will experience hands-on environmental education and wilderness activities. Space is limited to 15. Camp will be at Recreation Park Shelter. Ages 5 and under.

Fee: \$20/session. City of Asheville residents receive a \$5 discount.

Li'l Fin Fridays

Session 1: June 17 & 24

July 1& 8

Session 2: July 22 & 29

August 5 & 12

Fridays, 11am-Noon
Toddlers will learn water safety
and fundamental skills in a safe
and fun environment. Parents will
participate with their toddlers in
several guided practice sessions
that will help them learn elementary swimming skills. Space is limited to 15. Camp will be at Recreation Park Pool. Ages 5 and under.
Fee: \$20/session. City of Asheville
residents receive a \$5 discount.



Traditional Camps

Vance Summer Day Camp

June 13-August 23 Monday-Friday, 7:30am-6pm A NC-licensed child care program. A fun-packed summer full of creative adventures and group play, along with special activities and field trips. Camp will be at Vance Elementary School gym. Lunch & afternoon snack provided. Ages 5-12. 5 year olds must be rising 1st graders.

June 13-Tuesday, August 23. Registration Fee: \$25/child or \$40/family. Fee: \$115/week. No registrations will be taken online for this program. For more information and to register, contact 828-350-6649 or Sandra Tweed at 828-747-1347 or Roger Tweed 828-747-1345

Playground Program

June 13-August 26 Monday-Friday, 8:30am-6pm
A supervised recreation program for youth. Activities include carres, crafts, cultural arts and field trips. Camps will be at Montford, Shill hand Stephens-Lee Recreation Canters.
For rising 1st to 5th graders.
Fee: \$50/week for first child, \$40/week for siblings. City of Asheville residents

for siblings. City of Asheville residents receive a \$10 discount. For more information, contact your local Recreation City of Asheville residents Cuter or go to www.ashevillenc.gov/ parks.

Summer Teen Program

For rising 6th to 9th graders.

June 13-August 26 Monday-Friday, 8:30am-6pm Looking for a cool and enriching alternative to regular teen summer camps? This program offers creative activities. diverse projects, field trips and more. Camps will be at Shiloh and Stephens-Lee Recreation Centers.

Fee: \$50/week for first child, \$40/week for siblings. City of Asheville residents receive a \$10 discount. For more information, contact Tameka Crudup at Shiloh at 828-274-7739,

tcrudup@ashevillenc.gov or Ryan Seymour at Stephens-Lee, 828-350-2058, rseymour@ashevillenc.gov.



Therapeutic Recreation Enrichment Program

June 13-August 19 Monday-Friday, 9am-6pm An inclusive recreation program for youth with or without mild to moderate cognitive or developmental delays who meet eligibility requirements. Daily activities include group games, arts and crafts, nature exploration, special events and field trips. Camp will be at West Asheville Recreation Center. Space is limited. Ages 6-13. Fee: \$50/week for first child, \$40/ week for siblings. City of Asheville residents receive a \$10 discount. For more information, contact Lori

Long at 828-259-5483 or llong@ashevillenc.gov.

Specialty Camps

Active Kids Asheville

June 20-24 Monday-Friday, 9am-5pm An exciting camp designed to keep your child active with fun activities both indoors and outdoors. They will experience some of the best activities that the Asheville area has to offer including soccer, hiking, and swimming. Camp will be at the Dr. Wesley Grant Sr. Southside Center. Ages 7-9.

Fee: \$70 February 22-March 11 \$90 after March 11. For more information, contact Seth Jackson at sjackson@ashevillenc.gov. or 828-259-5483.

Beyond-the-Page Comic Camp

June 27-July 1 Monday-Friday, 9am-5pm Explore the world of comics, cartooning, and creating characters and adventures. Participants will focus on comics as an art form. Youth will learn about character and story development through creative games and activities, and spend the week developing their own characters and comic adventures. Camp will be at the Dr. Wesley Grant Sr. Southside Cen-

ter. Ages 8-12. Fee: \$50, \$40 City of Asheville Residents, \$25 participants enrolled in Asheville Parks and Recreation 2015/16 Afternoon Adventures or currently enrolled in the Playground Program or Outdoor Camp Program. Early drop-off available beginning at 8:30am for an additional \$10/week. For more information, contact Seth Jackson at 828-259-5483. sjackson@ashevillenc.gov or Kim Kennedy at 828-253-3714, kkennedy@ashevillenc.gov.

LEAF Arts and PARKS Camp

Week 1: July 18-22 Week 2: July 25-29

Monday-Friday, 8:30am-5:30pm Is your child a creative star in the making? Participants will have the opportunity to participate in endless recreational and cultural arts activities, while working with instructors specializing in a variety of performing arts genres. At the end of the camp, each young artist will showcase their talents during a final performance for their friends and families. Each week is structured as a separate camp. Camp will be at the Dr. Wesley Grant Sr. Southside Center. For rising 1st-5th graders.

For more information or to register, contact Seth Jackson at 828-259-5483 or siackson@ashevillenc.gov.



Malvern Hills Little Dippers

June 13-August 12 Monday-Friday, 8:30-5:30pm Rising 1st to 5th graders are invited to participate in this specialized swim camp! Youth will swim at the Malvern Hills pool and participate in exciting water activities as well as experience enrichment astivities and field trips. The week of June 14-17, there will be swim lessons and water safety for all participants! Weather permitting, youth will swin most days! Camp registration from a weekly basis. June 13—August 12. Program will run rain y shine; there are no re-funds of credits if participants are no able to swim due to inclement weather. Camp will be at the Malvern Hills Pool/Shelter. For rising 1st-5th graders. Fee: \$70/week, City of Asheville Residents receive a \$10 discount. For more information, contact

Shateisha Lenoir at 828-254-1942

or slenoir@ashevillenc.gov.

Specialty Sport Camps

Tennis Camps

Focuses on progressive skill development and play. All camps are conducted by a certified tennis professional of the United States Professional Tennis Registry (USPTR). The camps will be held at Aston Park Tennis Center in downtown Asheville. Ages 8-14.

Beginner/Intermediate

Week 1: June 20-23 Week 2: June 27-30 Week 3: July 18-21 Week 4: July 25-28 Week 5: August 1-4 Monday-Thursday, 3-6pm. Intermediate/Advanced

Fee: \$125/week, City of Asheville residents receive a \$25 discount.

For more information, contact Laura Loftis at 828-251-4074 or at lloftis@ashevillenc.gov.

5-Star Sports Camp

Week 6: August 8-11

August 8-12
Monday-Friday, 9am-5 pm
A fun fast-paced experience in various sports, learning skills and playing organized games of flag football, soccer, tennis, and more! Youth will participate in daily clinics designed to develop a deeper skill set in some of the fastest trending youth sports today. The camp will be held at the Dr. Wesley Grant Sr. Southside Center.

Ages 10-12.

Fee: \$70 February 22-March 11 \$90 after March 11.

Early drop-off available beginning at 8:30am for an additional fee of \$10 for the week.

For more information, contact Seth Jackson at 828-259-5483 or sjackson@ashevillenc.gov.





Skateboard Adventure Camp

August 15-19

Monday-Friday, 8:30am-6pm Asheville Parks and Recreation has teamed up with Push Skate Shop to offer 5 days of skateboarding and adventure. Each day we'll visit a different skate park paired with a unique adventure. Skate parks include Cherokee, Knoxville, Asheville, Hendersonville, and The Hot Spot in Spartanburg. This is not an instructional camp; participants must display proficient skill in skateboarding and swimming. There are no refunds based on ability. Camp meets at the Stephens-Lee Center. Age 12-17. Fee: \$160. City of Asheville residents receive a \$10 discount. For more information, contact Ryan Seymour at 828-350-2058, rseymour@ashevillenc.gov or Seth Jackson at 828-259-5483, sjackson@ashevillenc.gov.

WNC Nature Center Camps

To register for any of these Programs, register in person at the WNC Nature Center or visit www.wncnaturecenter.com.
For more information, contact Keith Mastin at 828-259-8082, kmastin@ashevillenc.gov.

Early Childhood Camp Session 1: June 20-24

Session 2: July 4-8
Session 3: July 18-22
Monday-Friday, 9am-12noon
A camp designed for younger children with at least one parent or guardian accompanying the child throughout the experience. Topics include basic animal themes, early childhood discovery of shapes, numbers, and colors, along with socialization and group dynamics throughout the 3-hour program. Ages 3-5 with a parent/guardian.
Fee: \$100. Friends of the WNCNC Members receive a \$15 discount.

Kindergarten Camp

Session 1: June 27-July 1 Session 2: July 11-15 Session 3: July 25-29

Monday-Friday, 8:30am-3pm Designed for rising kindergarteners, this is a great way to engage your five year old in the wonders of camp life, social interaction, communication skills, and self-expression through the arts. Age 5.

Fee: \$200. Friends of the WNCNC Members receive a \$25 discount. Pre-Care (7:30-8:30am) is available for \$25/week and After Care (3-5pm) is available for \$50/week.

Wild Week Camp

June 13-August 5
Monday-Friday, 8:30am-3pm
Youth will have fun while learning
about nature through crafts,
lessons and exploratory activities.
Space is limited to 20 campers per
week.

For rising 1st-3rd graders.
Fee: \$200. Friends of the WNCNC
Members receive a \$25 discount.
Pre-Care (7:30-8:30 am) is
available for \$25/week and After
Care (3-5pm) is available for
\$50/week.

All Taxa Biodiversity Index Camp (ATBI)

June 20-24

Monday-Friday, 8:30am-3pm This camp promotes critical thinking and citizen science as a means of collecting and analyzing aspects of our wild heritage.

For rising 4th-7th graders.
Fee: \$200. Friends of the WNCNC
Members receive a \$25 discount.
Pre-Care (7:30-8:30 am) is
available for \$25/week and After
Care (3-5pm) is available for
\$50/week.



Outdoor Adventure Camps

Eco Explorers Camp

ECO Session 1: June 20-22
ECO Session 2: June 29-July 1
9am-3:30pm, last day is 9am-5pm
A three day camp focused on environmental education. Activities include hiking, stream investigation, climbing at the Montford Wall and a field trip to Grandfather Mountain. Campers must bring lunch and water bottle daily. Maximum of 12 campers per session. Ages 6-8.

Fee: \$110. City of Asheville residents receive a \$10 discount. Fee includes all equipment, instruction, and transportation.

Kidventure Camp

August 2-4, 9am-5pm
New this year, a three-day camp with an outdoor living skills focus. Activities include hiking, geocaching, shelter and fire building, raft making, swimming, and climbing at the Montford Wall. Campers must bring lunch and water bottle daily. Maximum of 24 campers per session. Ages 9-11. Fee: \$135. City of Asheville residents receive a \$10 discount. Fee includes all equipment, instruction, and transportation.

Adventure Camp

ADV Session 1: June 13-17 ADV Session 2: July 18-22 Monday-Wednesday, 9am-5pm, Thursday 9am with overnight camp-out and pick up at 100 on Friday.

A five day camp with ctivities that include hiking, swimming, rafting, tubing, gamet, edvironmental education and camping. Campers must bring lunch & water bottle each day and provide their own sleeping bag/padfor the camp-out. Each session and divide into two groups for age based activities; ages 8-10 and 10-12. Ages 8-12.

Fee: \$210. City of Asheville residents receive a \$10 discount. Fee includes all equipment, instruction, meals while camping, and transportation.



Teen Water Adventure Camp

TAC Session 1: July 5-7 TAC Session 2: July 26-28

9am-5pm

This three-day camp is perfect for campers who like to spend their summer splashing around. Activities include tubing, canoeing, hiking to waterfalls and whitewater rafting on the Pigeon River (Class II-IV). Campers must bring lunch and water daily. Maximum of 20 campers per session. Ages 11-14 Fee: \$170. City of Asheville residents receive a \$10 discount. Fee includes all equipment

Big Adventure Camp

BAC: July 12-15

Tuesday-Wednesday, 9am-5pm, Thursday 9am with overnight campout and pick up at noon on Friday.

We'll spend four days adventuring in Western North Carolina & Eastern Tennessee! Activities include tubing at Deep Creek, caving, the chance to climb a ropes course or mountain bike and rafting the Ocoee River (Class IV). Campers must bring lunch & water each day and provide their own sleeping bag/pad for the camp-out. Ages 12-14.

Fee: \$270. City of Asheville residents receive a \$10 discount. Fee includes all equipment, instruction, meals while camping, and transportation.

Camps meet at Oakley Recreation Center 749 Fairview Road

Teen Adventure Canoe Camp

TCC Session 1: June 21-24 TCC Session 2: June 27-30 During this 4-day overnight canoeing camp, participants will learn canoe skills and paddle roughly 25 miles on the New River in Northwestern NC. Campers will help setup and breakdown primitive camps, cook meals, and follow all safety rules. Participants must be able to swim 50 meters and be comfortable in the water. Campers must bring lunch and water for the first day of camp and provide their own sleeping bag and pad. Ages 12-15. Fee: \$320. City of Asheville residents receive a \$10 discount. Fee includes all equipment, meals, instruction and transportation.

For more information on Outdoor Adventure Camps, contact: Christine Murawski 828-251-4080 outdoorprograms@ashevillenc.gov

Youth Athletics

Contact Information

Kim Turner at 828-232-4526 or kturner@ashevillenc.gov

Hoops Rock!

<u>Ages 7-9</u>

June 6-27, Mondays, 6-7pm Ages 10-12

July 11- August 1, Mondays 6-7pm This 4-week class teaches the art of hula hooping. Open to all skill levels and is being taught by professional Hoop dancer Melanie McNeil. Location: Stephens Lee Center

Fee: \$25

Get Your Ride On!

June 9, June 23, July 7, July 21 Thursdays, 6:30pm

Want to go on a bike ride but have no one to go with? Well, bring your bike and join Asheville Parks & Recreation on a staff-led bike ride. Each ride meets at the French Broad River Park at 6:30pm and ride begins at 7:00pm.

FREE but pre-registration required



Archery

July 9, 16, 23 & 30
Saturdays, 10am-12noon
This 4-week introductory archery class is for boys and girls 9-12 years old that want to learn the basics of archery. In this program, you will learn about range safety, proper archery shooting techniques and target practice in a fun and safe environment.

Fee: \$30 Location: TBA

Youth Flag Football

Asheville Parks & Recreation offers NFL Play 60 Flag Football in partnership with Biltmore Baptist Church. All age divisions are co-ed and are broken down by grade: K & 1st, 2nd & 3rd, 4th &5th, Middle School. Practices begin August 1.

Fee: \$50 before July 1, \$60 after

July 1.

AFTERSCHOOL PROGRAMS

Registration Opens August 1

www.ashevillenc.gov/parks



LOCATIONS

Burton
Grant
Montford
Shiloh
StephensLee
Vance

YOUTH



TEENS

2:30 pm to 6:00 pm



Where ASHEVILLE Goes To... Afterschool

LICENSED DAYCARE



Linwood Crump Shiloh Center

Specialty Crafts with "Jenny" Pickens

Tuesdays, 1:30-3:45pm
This program is open to anyone who likes crafts! Each month a different activity is offered such as paper beading, tie dye with Sharpies, hand built pottery, seasonal crafts, and outreach projects to name a few.

FREE

Pickleball

Tuesdays and Thursdays, 9-11am, Wednesdays, 9-11am & 6-8pm A fun game that combines tennis, ping pong and badminton. Paddles and balls provided.

Fee: \$1/day

Healthy Living Program

Wednesdays, 12noon-2pm
In partnership with Shiloh Community Association, ABIPA, & YMCA, these classes focus on the self-management of chronic disease and diabetes as well as maintaining a healthy heart and well balanced lifestyle. Lunch is included too!

FREE

Moving for Better Balance and/or Walk and Tone

Wednesdays, 12noon-1pm Promotes building strength, improving balance, and gaining confidence in your mobility through slow, therapeutic movements based on Tai Chi. FREE

Community Basketball—Adult

Thursdays, 5:30-8pm
Pickup basketball. First team to score 12 points wins; 15 minute game times will be monitored on a clock and scores will be kept.
Participants will have the opportunity to play at least one game.
Last game is to 16 points. Must be 16+ to enter and show ID.
FREE

Line Dancing

Thursdays, 6-7pm
Join us to learn line dances both
new and old to some of the America's greatest hits! The Electric
Slide, Cupid Shuffle, Wobble, Cha
Cha Slide, Down South Shuffle,
Mississippi Muddslide, Cane Wayne
Wit It, Step & Stomp, The Brand
New Slide and so much more!
FREE

Senior Chair Exercise & Council on Aging

Fridays, 11:15am-1:15pm
In partnership with Council on Aging,
we provide seniors age 65+ the opportunity to increase mobility and
strength through innovative chair exercises. Join us for a healthy meal for
a \$1.50 donation.

Senior Electronics Class

Mondays, 11am-12pm A class that will assist/teach senior citizens how to operate their electronics on a day to day basis! FREE

Montford Recreation Center

Indoor Climbing Wall

Montford Center climbing wall is available for group rentals on Tuesday evenings and Fridays daily. Wall must be booked a minimum of 2 weeks in advance.

Fee: \$30 per hour, Belay Service \$9 per hour per belayer

Martial Arts-Gong Fu

Tuesdays, 6:30-8pm Join instructor Mark Small of the Carolina Wushu Association for this adult martial arts class.

Fee: \$10/class.

Community Basketball—Adult

2nd-5th Saturdays each month, 9-11am Come shoot some hoops on half the gym.

FREE

AFFILIATE PROGRAMS Table Tennis

Mondays, 5:30-8pm Saturdays, 11am-2pm FREE

Ukulele

Mondays, 6-8pm FREE

Badminton

Thursdays, 5:30-8pm Saturdays, 9-11am FREE

Murphy-Oakley Center

Adult Aerobics

Mondays & Wednesdays, 6-7pm Come and join a low impact class for a great workout. This class is led by longtime instructor Karen Griffin. All fitness levels welcome from beginner to advanced. The Center is located at 749 Fairview Road.

FREE

Stephens-Lee Recreation Center

Fitness Center

Cardio equipment, free weights and

Individual Annual Passes (Jan-Dec): \$80/\$5 discount for Asheville residents.

Day passes: \$10/\$5 discount for Asheville residents.
Ask about discounted Family Passes!

Women Only Workout

Mondays, 5-6pm FREE

Men Only Workout

Mondays, 6-7pm FREE

FITNESS

Community Basketball—Adult

Wednesdays, 6-8pm Come shoot some hoops or play a pickup game. FREE

Pickle Ball

Mondays, Wednesdays & Fridays
No Monday AM pickles for summer
9-11am & Monday night 6-8pm
Fun game that combines tennis, ping
pong and badminton.
Paddles and balls provided.

Fee: \$1/day

Power Mix

Tuesdays & Thursdays, 6-7pm Join us for an hour packed with fitness and fun including a variety of body weight exercises, circuit intervals, weight training and stretching. FREE

Line Dancing

Tuesdays 12:00noon-1:00pm Contemporary Line Dancing Donation Based Class

Moving and Grooving

Wednesdays, 12noon-12:55pm In GROOVE we take simple moves and set them to great music: old and new, fun and funky. We remember the wonder and joy of being fully alive. We establish vibrant holistic health for the mind, body, heart and soul.

\$6 suggested donation

Goaltimate

Tuesdays, 6-8:30pm Goaltimate is a fun adaptation of Ultimate Frisbee that is played in the gymnasium. The new league will start up Thursday, April 7th. Come find out more and play pickup games from now until the league begins!

Fee: \$10 to join a team/8 weeks

Harvest House

DROP-IN ACTIVITIES Senior Men's Billiards

Monday-Friday, 10am-1pm Drop in and join the guys for open play on two tables.

FREE

Slimnastics Exercise

Mondays, Wednesdays & Fridays 10:30-11:30am Low impact exercise group led by a retired physician. Bring your mat for the last 30 minutes of floor exercises.

FREE

Rummikub

Tuesdays, 1-4pm and Fridays, 12:30-4pm Keep the brain sharp with this free, fun and fast moving table game. New folks welcome!

International Folk Dance

Mondays, 2-4pm Gentle circle dancing, no partner needed. Newcomers and beginners Welcome! **FREE**

Public Use Woodshop with Bill Kopack

Thursdays & Fridays, 10am-5pm Use our fully equipped woodshop to build your recreational woodworking projects. We have the machines and work space, you choose the project and provide all needed materials. Participants are required to sign a safety waiver & woodshop use agreement.

Fee: \$35/10 visit punch card, Asheville City residents receive \$5 discount. Cards are good for one year from purchase date.

Senior Women's Billiards

Fridays, 1-5pm Join the ladies for open play on two tables.

FRFF

CLASSES Clay Sculpture with Jim Kransberger

Tuesdays, 9am-12noon Sign-up for this 8 week hand building class using earthenware clay. No experience is needed. Items will be fired to Cone 05 and may be stained with your own approved underglazes.

Fee: \$90, Asheville City residents receive a \$10 discount.

Furniture Making with Bob Haase

Tuesdays, 9am-2pm

Learn various furniture making techniques as you create your own one of a kind piece of furniture. Each session will focus on a different project. Classes run for 6 weeks. Class often has a waiting list so don't delay! Fee: Varies according to project. Call Harvest House for full details and

prices.

Glass Mosaics with Melinda **Polites**

Wednesdays, 1-3pm In this 6-week class, you'll learn to cut and position glass to make beautiful signs or see thru window pieces. Fee: \$40, Asheville City residents receive a \$5 discount.

Weaving with Ursula Powers

Thursdays, 9:30am-12:30pm This eight week weaving class fills up quickly, so register today! Must provide your own supplies.

Fee: \$90, Asheville City residents receive a \$10 discount.

SOCIAL ACTIVITIES

Harvest House offers a large variety of social activities including table games, book clubs, trips and out to lunch excursions. To get our full schedule of activities , contact Lee Dansby at pdansby@ashevillenc.gov or 828-350-2051.

Senior Opportunity Center

Senior Congregate Dining Program for Ages 60+

Monday-Friday, 9am-1pm Chair exercise, guest speakers, blood pressure checks, chair massage, crafts, monthly "Out to Munch" at local restaurants, Bingo, and more! This program is co-sponsored by Buncombe County Council on Aging. Registration required for daily meals. FREE except for Bingo (1st card free, others 25¢ each). Donations accepted for the meal but not required.

Afternoon Pottery

July 12-September 20 Tuesdays, 1:30-3:45pm For seniors 55+.

Fee: \$45 with clay, \$36 without clay/12 week session

Contemporary Line Dancing **Instructor: Cindy Hady**

Thursdays Beginners: 1-2pm High Beginner/Improver: 2-3pm \$5/class or \$7 for both classes

Morning Pottery-Advanced

July 13-September 21 Wednesdays, 10am-12noon Must be able to work independently. For seniors 55+.

Fee: \$45 with clay \$36 without clay /12 week session

Bid Whiz Card Players

Wednesdays, 1:30-4pm Join this fun loving group and enjoy friendly "card table competition!" **FREE**

Afternoon Acrylic Painting

Wednesdays, 2-4pm Ages 55+. Instruction, one canvas and paints supplied. Please bring your own brushes.

Fee: \$15/month

Sewing

Mondays and Fridays, 2-3:30pm Bring your own sewing project and materials. Sewing machines and basic assistance are available. **FREE**

Painting

Mondays and Fridays, 2-3:30pm Bring your own materials and paint among friends! **FREE**

Beginning Quilt Making

Thursdays, 1:30-3:30pm Participants will make a wall hanging. Sewing machines and basic assistance are available to create your masterpiece!

FREE

Billiards

Monday- Friday, 9am-4pm Come on in and shoot some pool. No reservations needed & newcomers are welcome!

FREE

Adult Outdoor Recreation

Mt. Leconte Overnighter

August 9-10

Hike to the top of one of the highest peaks in the Smoky Mountains and spend the night in rustic comfort at the Le Conte Lodge. This two-day trip is for adults in good physical condition.

Fee: \$195 (includes dinner, breakfast, lodging, and transportation). City of Asheville residents receive a \$5 discount!

Register at www.ashevillenc.gov/ parks. For more information contact Christine Murawski at 828-251-4080 or outdoorprograms@ashevillenc.gov

Adult Athletics

Contact Information

Bryan Fish, 828-251-4026 or bfish@ashevillenc.gov

All Parks and Recreation Adult Athletics programs are established to provide wholesome recreational opportunities for residents of the community of all skill levels and ages. Emphasis is placed on fair play and sportsmanship.

The Athletics Division offers a variety of team and individual sports programs, leagues, and events for youth and adults, in both traditional and contemporary athletic venues. These programs enhance the health and well being of the participants involved, as well as impacting the social and economic wellness of the community.



Form your team and have a representative attend the informational meeting to receive registration instructions.

Summer Volleyball

Season: June-August

May 1, Information posted on website

Ages: 18+ (16 & 17 year olds may play with parental

permission)

Registration Dates: May 18- 10am-4pm May 19- 10am-4pm May 20- 10am-1pm

Fee: \$100 entry fee/team plus \$25 non-Asheville

resident fee

Fall Softball, Men and Coed Season: August-October

July 1- Information posted on website

We offer a number of different leagues for men, women and coed with varying skill levels.

Ages: 18+ (16 & 17 year olds may play with parental

permission)

Registration Deadlines: August 3– 10am-4pm

August 4- 10am-4pm

August 5- 10am-4pm

Fee: \$600 entry fee/team plus \$25 non-Asheville resident fee

Forms should be delivered to: Asheville Parks and Recreation Office 72 Gashes Creek Road Asheville NC 28805

Asheville Parks and Recreation offers Ultimate through the Asheville Ultimate Club. Play is every Wednesday night throughout the year at Memorial Stadium. For more information, visit www.ashevilleultimate.org.

<u>Soccer</u>

Asheville Parks & Recreation co-sponsors adult soccer with the Asheville Buncombe Adult Soccer Association (ABASA). ABASA offers recreational leagues for varying skill levels. Registration and league information is on-line at www.abasa.info or you may call 828-299-7277.

Cycling

"Rumble on the River" is geared bike racing designed as a training series for all ages and skill levels. Novice or inexperienced riders are welcome. The series takes place on Wednesday nights at Carrier Park from May through September.

Asheville Parks & Recreation offers rugby as a club sport with men and women teams through the Asheville Rugby Football Club. For more information visit www.ashevillerugby.com.

Lacrosse

Asheville Parks & Recreation offers lacrosse as a club sport for men and women through the Asheville Lacrosse Club. For more information visit ashevillelacrosse@charter.net.

Disc Golf

Asheville Parks & Recreation offers one of the finest disc golf courses in the southeast at Richmond Hill Park. Leagues and competitions are offered through the Western North Carolina Disc Golf Club. For more information, visit www.wncdiscgolf.com.

Lawn Bowling

English Lawn Bowling is offered in conjunction with the Asheville Lawn Bowling Club and is played every Wednesday, Saturday and Sunday at Carrier Park. Loaner bowls are available. All you need is a pair of flat soled shoes. For more information and the seasonal start times, visit www.ashevillelawnbowlingclub.org.

Food Lion Skate Park

50 Cherry Street N., Asheville, NC 28801 828-225-7184



Visit 17,000 square feet of skating excitement located at the corner of Flint and Cherry St. in downtown Asheville across I-240 from the Civic Center. Designed and built by Team Pain. A unique concrete park with three distinctive areas in the beginner bowl, intermediate street course and an advanced vertical bowl.

Skate Park Operating Hours

April-October 9am-8pm

November-March 9am-6pm

The Skate Park is closed on Thanksgiving and Christmas Day.

Fee: FREE

Skate Park FYI's:

BMX bikes are now allowed in the Skate Park.

North Carolina general statute requires helmet and pads to be worn by skaters and bikers at all times.

All bikes are required to have rubber or plastic covers on pedals and handlebar ends. Wheel pegs are required to be plastic or have plastic covers.



Aston Park Tennis Center

336 Hilliard Avenue, Asheville, NC 28801 828-251-4074

Aston Park Tennis Center is one of the finest public clay tennis court facilities in the United States.

Hours

May-September 2016

Monday-Thursday 8am-9pm Friday 8am-3pm Saturday 8am-4pm Sunday 8am-6pm

Reservations

Court reservations are encouraged but walk-ins are accepted whenever possible. Courts may be reserved no more than 7 days in advance. To reserve courts, call the Tennis Center at 828-251-4074.

2016 Season Fees **Daily Court Fees**

Resident \$5 / Non-Resident \$7

Season Pass Fees

Resident- Individual \$250 Resident- Senior \$220 Resident- Family \$400

Resident- Senior Family \$300 Non-Resident- Individual \$325 Non-Resident - Family \$500

Clubhouse Rentals

The Aston Park meeting room is the perfect place during the winter months for birthday parties, socials, meetings, etc. Fee: \$25 per hour during operating hours and \$35 per hour during non-operating hours.

The 85th Asheville City Open Tennis Tournament July 9-17 for Adults and July 23-24 for Juniors

The Asheville City Open is an USTA North Carolina sanctioned tournament and is the oldest sanctioned tournament in North Carolina.

The Junior Tournament offers 10 and under and 18 and under divisions. The 10 and under division format is a 60 foot court using low compression tennis balls. The Adult Tournament offers play to all ages from the Open Division to the 90's Division. Prize money is offered in the Open Division.

Summer Tennis Camps

(See Specialty Sport Camp Section)





WNC Nature Center

75 Gashes Creek Road, Asheville, NC 28805 828-259-8080 www.wncnaturecenter.com

Hours: Open 7 days a week, 10am-5pm Last entry at 4:30 p.m.

Regular Admission Rates:

Adults \$10.95 Seniors \$9.95

Children \$6.95 (ages 3-15, Children under 3 Free)

Rates do not include Sales Tax.

Buncombe County residents receive discounted rate with ID.

The WNC Nature Center is 42 acres of animals in their native Southern Appalachian Mountain habitats. The center provides an opportunity to learn, to touch and to know our rich natural heritage through educational and interactive exhibits. The Nature Center facility offers animals, picnic areas, gift shop and restrooms. Great for families with hands-on experiences and picnic areas, so bring a bagged lunch with you for a day of fun!

The Western North Carolina Nature Center provides a one-of-a-kind adventure where guests can experience animals and plants native to the Southern Appalachian region. Featuring over 60 species of animals including river otters, black bear, red wolves and cougars, the Center welcomes over 117,000 visitors annually.

Mission

The WNC Nature Center connects people with animals and plants of the Southern Appalachian mountains by inspiring appreciation, nurturing understanding, and advancing conservation of the region's rich biodiversity.

Friends of the Nature Center

The WNC Nature Center receives support from the Friends of the Nature Center, an independent 501(c)3 nonprofit organization. To learn more about the Friends of the Nature Center and to become a member, visit their website at: www.wildwnc.org

Young Naturalist Volunteer Program For Youth ages 13-17

Are you a hard worker? Do you enjoy interacting with the public? Would you like to expand your knowledge of wild and domestic animals?

This summer program utilizes committed & enthusiastic youth to help staff several of our most popular exhibit areas including The Critter Cabin, our Educational Farm, and our Nature Research Station! Please read the following criteria carefully to see if you are eligible.

Qualifications to become a Young Naturalist

- Be between 13 and 17 years of age on June 15, 2016.
- Submit a completed application (First year applicants must include two letters of recommendation) and a completed Parent Liability Release Form by May 1, 2016 at 4:30 pm
- Complete a two day orientation course
- Provide a minimum of 28 hours of service during the summer
- Contribute \$20 to cover costs of t-shirt & program materials upon acceptance into the program
- Have reliable transportation to and from the Nature Center
- Have the ability to be punctual, courteous, dependable, and trustworthy
- Must enjoy speaking to the public and be willing to engage passing visitors
- Be willing to follow the rules of the Nature Center and this program
- Have an enthusiastic attitude and plan to have fun!

How to become a Young Naturalist:

Visit <u>www.wncnaturecenter.com</u> for more information and to download an application (found under the *Education* header).



The WNC Nature Center also offers summer camps!

See Page 4 for information.



MOVIES IN THE PARK

Crafts at 6:30pm, Movie at Dusk Location: Pack Square Park

Asheville Parks and Recreation presents Movies in the Park, a free event in Pack Square Park. Children's craft activities begin at 6:30 p.m. and the movie begins at dusk on a giant outdoor screen on the Pack Square Park stage. The films are rated G or PG and food will be available. Bring your chairs or a blanket and come out for crafts, a movie under the stars, and an evening of fun. FREE

Friday, May 13 - Inside Out

Emotions run wild in the mind of a little girl who is uprooted from her peaceful life in the Midwest and forced to move to San Francisco in this Pixar adventure. Young Riley was perfectly content with her life when her father landed a new job in San Francisco, and the family moved across the country. Now, as Riley prepares to navigate a new city and attend a new school, her emotional head-quarters becomes a hot bed of activity. As Joy (voice of Amy Poehler) attempts to keep Riley feeling happy and positive about the move, other emotions like Fear (voice of Bill Hader), Anger (voice of Lewis Black), Disgust (voice of Mindy Kaling) and Sadness (Phyllis Smith) make the transition a bit more complicated. 102 minutes

Friday, June 10 - Finding Nemo

The wizards at Pixar take us under the sea to the world of clownfish Marlin and his son Nemo. When the defiant Nemo takes off from his dad and gets captured by a tropical fish seeker he finds himself stuck in a fishbowl in a dentist's office. Marlin and his well meaning, but wacky, friend Dory embark on an epic journey to find his son. 101 Minutes

Friday, July 8 - Back to The Future

1980s teenager Marty McFly (Michael J. Fox) is transported back in time to 1955 where he accidentally changes the course of history through a series of comic misadventures and finds he must return things to the way they were, back to the future. 116 Minutes

Friday, August 12 - The Good Dinosaur

In this enchanting computer-animated fantasy, set in a world where the dinosaurs never went extinct, an amiable young Apatosaurus named Arlo (voiced by Raymond Ochoa) loses his father in a storm and is swept away by a vicious river current, stranding him in a frightening new place far from his home. He soon embarks on a journey to reunite with his family, and befriends a prehistoric human child known as Spot (Jack Bright) along the way. 100 minutes

Friday, September 16 - Remember the Titans

A high school football coach finds himself fighting for much more than the State Championship. In 1971, a court order forces three high schools in Alexandria, Virginia, to integrate their student bodies and faculties for the first time. As a result, Coach Bill Yoast, longtime head coach of the T.C. Williams High School football team, is asked to step down, and Herman Boone is appointed to replace him as the school's first black faculty member. The new coach is hardly welcomed with open arms and the newly integrated team is full of players who have little trust or respect for one another. But Boone is determined to put a winning team on the field -it's how he approaches the game, and his future depends on it. Against long odds, Boone helps his team overcome distrust and misunderstanding of their coach (and each other) as they become a gridiron force to be reckoned with. 114 Minutes

Community Yard Sale

Saturday, September 10, 8am-1pm Location: Montford Recreation Center

Come shop or clean out your attic, basement or garage and sell those items you no longer use & keep your sale proceeds. Reserve your table today for only \$5! To reserve a table, contact Kim Kennedy at 828-253-3714. Pre-paid registration is required beginning July 1. Tables are just \$5

3rd Annual Doggie Dip

Saturday, September 10, 12noon-5pm Location: Recreation Park Pool, 65 Gashes Creek

Bring your dog for a swim. Dogs 35 pounds and under swim from 12-2pm. Dogs 36 pounds or more swim from 2:30-5pm. The event is rain or shine, but will be canceled in the event of lightning. You'll need your vet records to show that your pooch is current on vaccinations and has been spayed or neutered. For more information and to check out the rules, visit our website at www.ashevillenc.gov/parks or contact Candy Hensley Shaw at chensleyshaw@ashevillenc.gov or at 828-259-5826.

Cost is \$5 per dog including one handler through September 9 and \$10 per dog & handler the day of the event. Admission for spectators is only \$1.



For more information about these and all Asheville Parks and Recreation programs, visit www.ashevillenc.gov/parks, www.facebook.com/aprca,

or call (828) 259-5800.

2016 Swimming Pool Information

Recreation Park 65 Gashes Creek Road, 828-298-0880

May 30 (Memorial Day) 12noon-6pm June 4 & 5 (Saturday & Sunday) 12noon-6pm

June 11-August 14

Monday-Friday 12noon-6pm Saturday 11am-6pm Sunday 1-6pm

August 20-September 4

Saturday & Sunday Only 12noon-6pm September 5 (Labor Day) 12noon-6pm

Lap Swim: Two lanes provided everyday

Rec Park Pool will be closed to the general public on Wednesday, July 13, 2016.

Malvern Hills 75 Rumbough Place, 828-253-1164

June 11-August 14

Monday-Thursday 12noon-7pm Friday 12noon-6pm Saturday 11am-6pm Sunday 1-6pm

Walton Street 570 Walton Street, 828-253-1143

June 13-August 12

Monday-Friday 12noon-5pm Saturday & Sunday Closed

Pool Fees

General Admission: \$3 15-Visit pass: \$40 Individual Season Pass: \$100

Family Season Pass: \$150 (4 persons)

Swim Lessons

1st Session: Registration Monday, June 13 Class Dates: June 20-30, Monday-Thursday

2nd Session: Registration Monday July 11 Class Dates: July 18-28, Monday-Thursday

Registration begins at 11am at pool of choice.

Lesson Times

Recreation Park: 10-10:45am, 11-11:45am

Malvern Hills: 9-9:45am, 10-10:45am, 11-11:45am

Walton Street: 5:30-6:15pm All lessons are provided FREE



Swimming Pool Events

Memorial Day Pool-A-Palooza

Rec Park May 30, 12-6pm

\$1 Dip Days

Malvern Hills

June 19, July 10, August 7

\$1 Dip Days

Rec Park

June 19, July 17, August 14, September 5

3rd Annual Doggie Dip

Rec Park

Saturday, September 10, 12noon to 5pm

For more information

Candy Hensley Shaw 828-259-5800

chensleyshaw@ashevillenc.gov



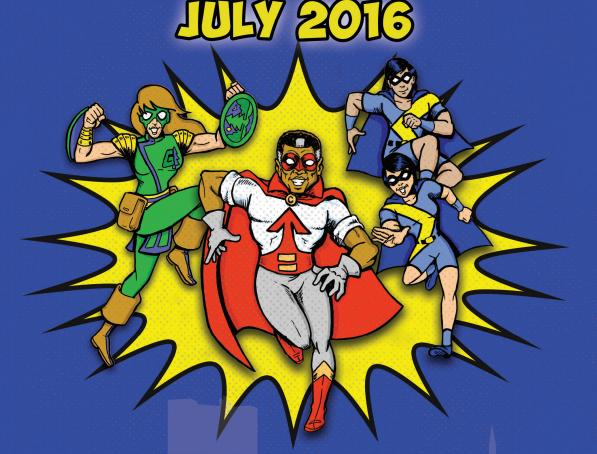
Splasheville

Splasheville, the interactive fountain in Pack Square Park typically operates from 9am-8:30pm seven days a week during the summer. Visit www.facebook.com/APRCA for daily updates on closures due to events in the park or for fountain maintenance.

Pack Square Pavilion

The pavilion offers restrooms, drinking fountains, and location information for visitors to Pack Square Park. Pavilion hours are 9am to 9pm, 7 days a week from April 1 to September 30.

PARK AND RECREATION MONTH



WHEN OUR POWERS COMBINE, WE GLANCE LIVES

Did you know July is
National Park and Recreation Month?
To celebrate, Asheville Parks & Recreation is
offering special discounts throughout the
month at various locations.

Check our Facebook page weekly July 4-29 to see what the latest offerings will be! www.facebook.com/APRCA

STAY UP TO DATE!

Jump online and see what we're up to at Asheville Parks & Recreation!
Visit www.ashevillenc.gov/parks for all our program offerings and sign-up to receive our monthly e-Newsletter. Programs and events for the whole family: From Sewing to Soccer or Toddler Messy Art to Outdoor Rec!

New things are being added all the time.

And be sure to like us on Facebook! Stay informed about programs, contests, and special deals. . . even the schedule for Splasheville! www.facebook.com/APRCA.

HERE'S SOME NEWS YOU CAN USE!

Want to reserve a picnic shelter? Did you know you can do that online?

Picnic Shelters

The City of Asheville has 11 picnic shelters that can be reserved starting at just \$40! And if they're not reserved, they're available on a first come/first served basis. To reserve one, visit www.ashevillenc.gov/parks and look for the red "Picnic Shelter Reservations, Click Here" button in the center of the page.

Park Use

Sometimes a picnic shelter just isn't big enough. You need more. General park use is acceptable, but to schedule ongoing use, add elements to the park (tents, inflatables) or have a special event, special permits may be required. For athletic venues, contact Bryan Fish, bfish@ashevillenc.gov or 828-251-4026. For park use for an Outdoor Special Event, contact Jon Fillman, jfillman@ashevillenc.gov or 828-259-5738.

For general park use information or more info on picnic shelter rentals, contact Mark Halstead at mhalstead@ashevillenc.gov or 828-251-4024





It's Where Asheville Goes!